

I PARENTAL love

LOVE for the 'Helpless'

→ difference to romantic love:
2 become 1, remaining 2 (integrity!)

→ 1 becomes 2, resulting in 2 separates!

love not just as a helpless infant BUT first + foremost for the growing child.

- parents need to want + support child's eventual SEPARATION from them!
- wish to support that child becomes its own mother + father!

UNCONDITIONAL
give everything + ask nothing in return
bear the separation + go on loving regardless



"The Land of MILK and HONEY." (the promised land)

nourishment, care, nurturing (breastmilk of the mother) material + physical needs majority of parents pass on their subtle hostility towards life (over-anxious, distrustful, over-protective, narcissistic, unselfishness as misleading virtue)

parents directly implant THEIR belief systems into the child thus any deficiency too!

HONEY = sweetness of life, goodness
"It's good to be alive!"
the ATTITUDE that INSTILLS in the child a LOVE FOR LIVING!

EXERCISE 'MILK OR HONEY'

- Reflect on your own childhood, did you get either or both?
- How did your parental outlook on life affect your outlook onto life as an adult? (also grandsons)

Story XI

The Art of Love, Part 3

... more theory "

II BROTHERLY SISTERLY COMMUNAL love

≠ SIBLINGS + = WORLD B. ALL
center to center ≠ PERIPHERY TO PERIPHERY
THE ESSENCE OF BEING HUMAN IS THAT WE ARE ALL IN NEED OF LOVE OF HELP OF CONNECTION

love among equals
TODAY I, TOMORROW YOU.

BEGINNING STAGES love for the poor, the helpless

→ not just your own helpless child BUT ALL children the stranger

NO EXCLUSIVITY = LOVE FOR ALL

love of those who do not serve a purpose: if I love, I love all!

- if we make distinctions, it's not truth
↳ ALIENATION + SEPARATION FROM WORLD

"I ONLY LOVE MY SPOUSE, FRIENDS, OWN BLOOD, OWN COUNTRYMEN PEOPLE WHO THINK LIKE ME"

PARADOX OF LOVE

WE CAN LOVE EVERYONE, WE ONLY CAN FUSE WITH SOME + NOT ALL!

Communal love

romantic love

EXERCISE 'ALL OR NOTHING'

- take the notion of communal love into your daily life
- choose one act of kindness, selfless love for a stranger one day during this week

source: ERICH FROMM 'The Art of Loving'

III ROMANTIC love

- craving for complete fusion
↳ exclusive + not universal
- falling in love / being crazy about each other
↳ barriers fall between strangers
YET short lived
- fast explored + quickly exhausted

→ sharing dreams, hopes, vulnerability, anxieties, childlike wonder + behaviours even anger

→ overcoming separateness through shared interests
YET over time, this fades + is reduced

attraction + sexual intercourse

fusion / union / at-onement through bringing down the walls in between, through radical action

seeking fusion through sex connected to angst

ALL strong EMOTIONS + MOTIVES (vanity, revenge, desire, stimulation, conquest, loneliness, overcome pain, inflict pain, destruction + AS WELL LOVE)

that is why we often misinterpret strong physical attraction for true romantic / erotic / LASTING love

TRANSITORY

↳ sexual desire stimulated by ANY STRONG EMOTION

VS.

TENDERNESS

love is not A FEELING feelings come + go!
love is also an act of will sex inspired by love derives from tenderness

I LOVE FROM THE ESSENCE OF MY BEING + EXPERIENCE THE OTHER PERSON FROM THE ESSENCE OF THEIR BEING.

EXERCISE 'transitory OR tenderness'

- Reflect on your life's romantic relations w/ps.
- Define from which primary emotion they were birthed.

IV God SOURCE UNIVERSE

↳ NOT THIS EPISODE BUT DEFINITELY further down the line!